

Pl	Name	Time	5.1 km 14 C											
			1(135) 13(122)	2(116) 14(123)	3(114) F	4(115)	5(117)	6(124)	7(125)	8(127)	9(119)	10(128)	11(120)	12(129)
1	Christopher Smithar DEE	49:00	1:15 1:15 44:54	3:40 2:25 47:44	5:28 1:48 49:00	7:47 2:19	9:10 1:23 43:49	17:30 8:20	20:03 2:33	24:08 4:05	31:26 7:18	35:45 4:19	39:04 3:19	42:52 3:48
2	Joshua Dudley MAROC	57:11	2:02 1:41 1:41 49:16	2:50 5:43 4:02 55:51	1:16 8:13 2:30 57:12	10:52 2:39	12:35 1:43	21:18 8:43	23:47 2:29	28:37 4:50	34:55 6:18	38:57 4:02	41:48 2:51	47:51 6:03
3	Callum Roberts MAROC	57:42	1:22 1:22 53:30	12:01 10:39 56:35	14:00 1:59 57:42	16:33 2:33	17:45 1:12	26:02 8:17	28:26 2:24	32:54 4:28	40:17 7:23	44:28 4:11	48:27 3:59	51:56 3:29
4	Jonathan Musgrave MAROC	1:00:24	1:27 1:27 51:38	4:29 3:02 58:56	6:36 2:07 1:00:24	9:04 2:28	10:37 1:33	19:22 8:45	22:27 3:05	28:41 6:14	35:08 6:27	40:46 5:38	44:09 3:23	49:46 5:37
5	Doug Guy GRAMP	1:00:34	1:52 2:14 2:14 54:24	7:18 11:30 9:16 59:00	1:28 13:45 2:15 1:00:34	16:27 2:42	18:58 2:31	26:00 7:02	28:56 2:56	33:39 4:43	40:33 6:54	44:52 4:19	48:08 3:16	52:25 4:17
6	Andrew McMurtrie MAROC	1:00:37	1:59 1:54 1:54 55:30	4:36 5:32 3:38 59:00	1:34 7:47 2:15 1:00:37	11:04 3:17	12:32 1:28	19:23 6:51	22:12 2:49	26:51 4:39	38:57 12:06	45:25 6:28	49:01 3:36	53:27 4:26
7	Ali Robertson GRAMP	1:03:59	2:03 1:29 1:29 58:06	3:30 4:35 3:06 1:02:34	1:37 6:46 2:11 1:03:59	9:46 3:00	11:17 1:31	19:50 8:33	22:49 2:59	28:35 5:46	35:12 6:37	45:44 10:32	49:16 3:32	56:12 6:56
8	Drew Tivendale MAROC	1:05:27	1:54 1:29 1:29 56:52	4:28 4:18 2:49 1:04:00	1:25 6:06 1:48 1:05:27	8:43 2:37	10:30 1:47	17:21 6:51	19:55 2:34	25:05 5:10	32:28 7:23	39:25 6:57	42:52 3:27	55:19 12:27
9	David Hirst MAROC	1:05:56	1:33 2:16 2:16 58:38	7:08 6:18 4:02 1:04:01	1:27 9:42 3:24 1:05:56	13:58 4:16	15:57 1:59	23:25 7:28	26:58 3:33	32:31 5:33	39:33 7:02	46:40 7:07	50:57 4:17	56:33 5:36
10	Andy Tivendale MAROC	1:10:36	2:05 2:07 2:07 1:04:24	5:23 7:28 5:21 1:08:46	1:55 9:48 2:20 1:10:36	13:15 3:27	15:36 2:21	23:35 7:59	27:05 3:30	39:05 12:00	47:47 8:42	52:41 4:54	56:53 4:12	1:02:10 5:17
11	Alastair Marshall MAROC	1:13:10	2:14 2:23 2:23 1:05:26	4:22 7:16 4:53 1:10:48	1:50 10:24 3:08 1:13:10	14:06 3:42	15:58 1:52	29:53 13:55	33:24 3:31	38:56 5:32	45:43 6:47	52:55 7:12	56:44 3:49	1:03:28 6:44
12	Donald Kerridge MAROC	1:17:04	1:58 1:42 1:42 1:04:45	5:22 5:03 3:21 1:15:23	2:22 7:15 2:12 1:17:04	9:54 2:39	12:52 2:58	19:30 6:38	22:35 3:05	28:39 6:04	36:50 8:11	42:01 5:11	45:38 3:37	1:02:31 16:53
13	Sean O'Sullivan GRAMP	1:19:47	2:14 2:53 2:53 1:07:19	10:38 6:49 3:56 1:17:12	1:41 8:45 1:56 1:19:47	12:10 3:25	14:01 1:51	27:06 13:05	32:11 5:05	38:46 6:35	46:15 7:29	53:48 7:33	57:43 3:55	1:05:07 7:24
14	Sam Gomersall GRAMP	1:21:47	2:12 1:56 1:56 1:13:25	9:53 6:20 4:24 1:18:58	2:35 9:23 3:03 1:21:47	13:02 3:39	14:56 1:54	23:04 8:08	26:41 3:37	37:48 11:07	47:04 9:16	59:37 12:33	1:05:00 5:23	1:10:34 5:34
15	John Mason MAROC	1:23:21	2:51 2:48 2:48 1:12:27	5:33 7:43 4:55 1:20:42	2:49 11:02 3:19 1:23:21	16:21 5:19	18:34 2:13	26:32 7:58	30:29 3:57	36:03 5:34	49:14 13:11	58:36 9:22	1:03:18 4:42	1:10:03 6:45
16	Ian Hamilton GRAMP	1:26:17	2:17 2:07 2:07 1:18:01	6:21 6:28 4:21 1:24:22	1:55 9:52 3:24 1:26:17	13:40 3:48	15:26 1:46	26:14 10:48	30:03 3:49	37:10 7:07	48:39 11:29	57:31 8:52	1:01:50 4:19	1:15:44 13:54
17	John Wilkinson GRAMP	1:29:57	2:17 2:24 2:24 1:20:43	6:21 6:36 4:12 1:27:55	1:55 9:29 2:53 1:29:57	12:55 3:26	15:21 2:26	24:12 8:51	27:52 3:40	35:02 7:10	44:38 9:36	57:22 12:44	1:03:00 5:38	1:18:22 15:22
	Frode Nebell GRAMP	mp	1:29 -----	10:33 -----	12:13 1:40	14:52 2:39	16:09 1:17	24:00 7:51	26:44 2:44	31:35 4:51	38:06 6:31	46:33 8:27	51:59 5:26	-----
	Gary Longhurst FVO	mp	2:30 2:30 -----	5:30 3:00 -----	7:16 1:46 1:07:27 26:12	10:31 3:15	12:37 2:06	21:41 9:04	25:35 3:54	30:41 5:06	41:15 10:34	-----	-----	-----

## Medium (27)

## 3.0 km 10 C

			1(113)	2(114)	3(115)	4(117)	5(118)	6(119)	7(120)	8(121)	9(122)	10(123)	F
1	Ewen Kerridge MAROC	49:08	2:16 2:16 41:17 *122	9:10 6:54	14:11 5:01	16:04 1:53	22:00 5:56	29:51 7:51	34:38 4:47	42:14 7:36	42:44 0:30	47:28 4:44	49:08 1:40
2	Ross McMurtrie MAROC	51:11	2:31 2:31	5:58 3:27	9:08 3:10	11:31 2:23	18:13 6:42	25:34 7:21	36:23 10:49	42:57 6:34	43:59 1:02	49:36 5:37	51:11 1:35
3	Trevor Ricketts MAROC	52:17	3:05 3:05	8:00 4:55	12:17 4:17	14:04 1:47	20:54 6:50	28:55 8:01	35:06 6:11	41:55 6:49	42:50 0:55	50:06 7:16	52:17 2:11

Pl	Name	Time	1(113)	2(114)	3(115)	4(117)	5(118)	6(119)	7(120)	8(121)	9(122)	10(123)	F
<b>Medium (27)</b>													
<b>3.0 km 10 C (cont.)</b>													
4	Rhona McMillan	53:41	3:39	9:38	12:34	15:14	25:47	34:17	40:08	46:02	46:59	52:15	53:41
	MAROC		3:39	5:59	2:56	2:40	10:33	8:30	5:51	5:54	0:57	5:16	1:26
5	Evelyn Mason	53:52	1:56	7:04	10:19	12:51	23:47	31:47	38:09	44:12	45:05	51:34	53:52
	MAROC		1:56	5:08	3:15	2:32	10:56	8:00	6:22	6:03	0:53	6:29	2:18
6	Richard Oxlade	56:29	1:58	7:13	10:20	12:09	24:09	31:48	37:22	45:15	46:28	54:16	56:29
	GRAMP		1:58	5:15	3:07	1:49	12:00	7:39	5:34	7:53	1:13	7:48	2:13
7	Frances Wright	58:15	2:50	11:44	14:53	16:33	27:58	36:37	42:18	48:10	49:06	55:50	58:15
	MAROC		2:50	8:54	3:09	1:40	11:25	8:39	5:41	5:52	0:56	6:44	2:25
8	Nick Hale	58:37	7:51	11:08	13:58	15:41	24:19	31:50	37:43	47:32	48:15	56:44	58:37
	GRAMP		7:51	3:17	2:50	1:43	8:38	7:31	5:53	9:49	0:43	8:29	1:53
9	Iain McLeod	59:24	2:24	7:13	13:12	15:42	24:59	34:42	40:58	50:01	51:29	57:28	59:24
	GRAMP		2:24	4:49	5:59	2:30	9:17	9:43	6:16	9:03	1:28	5:59	1:56
10	Katrina McLeod	1:00:37	2:08	6:33	9:59	11:42	26:25	37:14	42:47	52:48	53:55	58:47	1:00:37
	GRAMP		2:08	4:25	3:26	1:43	14:43	10:49	5:33	10:01	1:07	4:52	1:50
11	Ondrej Masek	1:03:06	2:59	7:19	13:10	14:57	22:37	32:44	46:57	55:03	56:05	1:00:55	1:03:06
	GRAMP		2:59	4:20	5:51	1:47	7:40	10:07	14:13	8:06	1:02	4:50	2:11
12	Iain Barraclough	1:03:21	4:31	7:49	12:43	14:33	33:29	39:56	46:07	54:15	55:19	1:01:24	1:03:21
	GRAMP		4:31	3:18	4:54	1:50	18:56	6:27	6:11	8:08	1:04	6:05	1:57
13	Jennifer Ricketts	1:03:39	7:54	16:45	20:05	26:29	35:24	43:01	47:55	54:32	55:26	1:02:02	1:03:39
	MAROC		7:54	8:51	3:20	6:24	8:55	7:37	4:54	6:37	0:54	6:36	1:37
14	Neil McLean	1:04:26	2:18	5:57	9:55	12:10	19:54	27:11	38:31	53:28	54:40	1:02:03	1:04:26
	GRAMP		2:18	3:39	3:58	2:15	7:44	7:17	11:20	14:57	1:12	7:23	2:23
15	Peter Craig	1:06:59	2:27	9:49	14:40	17:35	29:23	38:56	47:05	55:55	57:48	1:04:38	1:06:59
	MAROC		2:27	7:22	4:51	2:55	11:48	9:33	8:09	8:50	1:53	6:50	2:21
16	Murray Anderson	1:10:33	3:45	7:41	12:25	15:19	24:38	36:20	43:54	59:12	1:00:02	1:07:54	1:10:33
	GRAMP		3:45	3:56	4:44	2:54	9:19	11:42	7:34	15:18	0:50	7:52	2:39
			53:03										
			*122										
17	Lesley Gomersall	1:15:38	3:36	9:25	14:33	17:12	28:55	43:20	50:38	1:05:00	1:06:09	1:12:55	1:15:38
	GRAMP		3:36	5:49	5:08	2:39	11:43	14:25	7:18	14:22	1:09	6:46	2:43
18	Lachlan Kirk	1:20:53	2:40	7:37	11:09	13:30	19:37	33:23	45:37	1:08:45	1:10:08	1:18:36	1:20:53
	GRAMP		2:40	4:57	3:32	2:21	6:07	13:46	12:14	23:08	1:23	8:28	2:17
19	David Kirk	1:21:30	2:46	7:44	11:21	13:34	19:44	33:31	45:46	1:08:54	1:10:16	1:18:43	1:21:30
	GRAMP		2:46	4:58	3:37	2:13	6:10	13:47	12:15	23:08	1:22	8:27	2:47
20	Keith Roberts	1:24:05	12:36	15:55	20:19	22:12	41:23	51:15	59:33	1:11:02	1:12:06	1:21:21	1:24:05
	MAROC		12:36	3:19	4:24	1:53	19:11	9:52	8:18	11:29	1:04	9:15	2:44
21	Helen Rowlands	1:27:09	3:59	11:47	18:11	21:17	42:13	51:23	1:00:23	1:12:44	1:14:10	1:23:55	1:27:09
	GRAMP		3:59	7:48	6:24	3:06	20:56	9:10	9:00	12:21	1:26	9:45	3:14
22	Hazel Clyne	1:37:23	9:30	14:06	18:49	21:20	36:11	47:45	57:45	1:12:00	1:13:02	1:34:01	1:37:23
	GRAMP		9:30	4:36	4:43	2:31	14:51	11:34	10:00	14:15	1:02	20:59	3:22
			1:10:10										
			*122										
23	Matthew Parkes	1:44:17	4:35	9:34	17:41	20:22	29:35	47:57	58:17	1:34:27	1:35:33	1:42:14	1:44:17
	GRAMP		4:35	4:59	8:07	2:41	9:13	18:22	10:20	36:10	1:06	6:41	2:03
24	Genevieve Jones	1:57:01	4:30	10:42	16:13	19:49	40:16	59:00	1:10:38	1:30:25	1:32:01	1:52:58	1:57:01
	GRAMP		4:30	6:12	5:31	3:36	20:27	18:44	11:38	19:47	1:36	20:57	4:03
			1:26:31										
			*129										
	Denise Wright	mp	3:10	14:53	19:15	21:32	27:29	35:45	43:20	-----	-----	-----	
	MAROC		3:10	11:43	4:22	2:17	5:57	8:16	7:35				
			53:37										
			*129										
	Sarah O'Sullivan	mp	4:20	12:19	19:54	23:45	43:27	1:08:06	1:26:30	-----	-----	-----	1:54:30
	GRAMP		4:20	7:59	7:35	3:51	19:42	24:39	18:24				28:00
	nicholas green	mp	-----	-----	31:21	33:20	-----	55:12	1:05:07	-----	1:27:17	1:34:52	1:36:38
	INVOC				31:21	1:59		21:52	9:55		22:10	7:35	1:46