

Pl	Name	Age Cl.	Club	Time	Diff.	Check
<b>Long (17)</b>				<b>5.0 km 14 C</b>		
1	Jonathan Musgrave	M50	MAROC	46:56	0:00	
2	Ali Robertson	M35	GRAMP	48:50	1:54	
3	Frode Nebell	M35	GRAMP	50:41	3:45	
4	Chris Low	M50	MAROC	51:38	4:42	
5	Christopher Smithard	M21	DEE	53:44	6:48	
6	Sarah Dunn	W40	MAROC	55:21	8:25	
7	Doug Guy	M45	GRAMP	59:46	12:50	
8	Eddie Harwood	M60	MOR	1:00:52	13:56	
9	Ian Hamilton	M50	GRAMP	1:02:04	15:08	
10	Callum Roberts	M18	MAROC	1:03:09	16:13	
11	Donald Kerridge	M45	MAROC	1:04:45	17:49	
12	Sam Gomersall	M50	GRAMP	1:05:47	18:51	
13	Andy Tivendale	M65	MAROC	1:06:40	19:44	
14	Drew Tivendale	M35	MAROC	1:24:33	37:37	
15	Andrew McMurtrie	M40	MAROC	1:25:48	38:52	
16	Keith Roberts	M50	MAROC	1:47:01	1:00:05	
	David Hirst	M50	MAROC	mp		

<b>Medium (18)</b>				<b>3.1 km 10 C</b>		
1	Evgueni Chepelin	M50	GRAMP	36:39	0:00	
2	Alexander Chepelin	M16	GRAMP	37:27	0:48	
3	L Kirk	M14	GRAMP	45:39	9:00	
4	David Kirk	M45	GRAMP	45:43	9:04	
5	Nick Hale	M50	GRAMP	47:28	10:49	
6	John Lang	M45	GRAMP	47:55	11:16	
7	Iain Barraclough	M45	GRAMP	51:40	15:01	
8	Ross McMurtrie	M14	MAROC	53:28	16:49	
9	Lesley Gomersall	W50	GRAMP	54:15	17:36	
10	Trevor Ricketts	M50	MAROC	56:15	19:36	
11	Peter Craig	M65	MAROC	57:45	21:06	
12	Ondrej Masek			1:06:45	30:06	
13	Rachel Scott	W45	GRAMP	1:09:18	32:39	
14	Murray Anderson	M45	GRAMP	1:09:32	32:53	
15	nicholas green	M45	INVOC	1:10:16	33:37	
	Jennifer Ricketts	W16	MAROC	mp		
	Matthew Parkes	M35	GRAMP	mp		
	Duncan Grassie	M21	AIRE	mp		