

Place	Name	Club	AgeClass	Course	Time
LONG (11)				4.8 km 240 m	12 C
1	Dudley, Joshua	MAROC	M21	Long	44:51
2	Wright, Joseph	MAROC	M18	Long	50:35
3	Chapman, Alistair	MAROC	M16	Long	53:56
4	Wright, Hazel	MAROC	W21	Long	54:24
5	Tivendale, Drew	MAROC	M40	Long	54:34
6	Wilson, Felix	MAROC	M18	Long	54:38
7	McMurtrie, Andrew	MAROC	M45	Long	59:16
8	Yardley, Gareth	GRAMP	M50	Long	1:13:23
9	Hamilton, Ian	GRAMP	M55	Long	1:15:51
10	Kerridge, Donald	MAROC		Long	1:16:24
11	Hamilton-Jones, Marnoch	GRAMP	M21	Long	1:17:00
MEDIUM (23)				3.0 km 130 m	9 C
1	Hale, Nick	SN	M55	Medium	32:37
2	Chapman, Jake	MAROC	M18	Medium	40:20
3	Gomersall, Sam	GRAMP	M55	Medium	40:48
4	Anderson, Murray	GRAMP	M50	Medium	44:20
5	Yardley, Keith	GRAMP	M18	Medium	46:04
6	Kirk, Lachlan	GRAMP	M18	Medium	46:25
7	Wright, Frances	MAROC	W21	Medium	47:38
8	Wright, Denise	MAROC	W50	Medium	47:45
9	Esson, David	GRAMP	M35	Medium	50:30
10	Coombs, Roger	MAROC	M60	Medium	51:46
11	Chapman, Catriona	MAROC	W12	Medium	52:35
12	Chapman, Paul	MAROC	M45	Medium	52:39
13	Kirk, David	GRAMP	M50	Medium	52:46
14	Ricketts, Megan	MAROC	W18	Medium	55:41
15	Bennett, Alan	MAROC	M50	Medium	56:16
16	Bennett, Ewan	MAROC	M12	Medium	56:18
17	Ricketts, Trevor	MAROC	M55	Medium	57:21
18	Rowlands, Helen	GRAMP	W50	Medium	1:01:15
19	Salway, Aileen	MAROC	W45	Medium	1:03:08
20	Low, Patrick	MAROC	M21	Medium	1:14:35
	Campbell, Eilidh	MAROC	W16	Medium	mp
	Campbell, Alexander	MAROC	M55	Medium	mp
	Jones, Genevieve	GRAMP	W65	Medium	mp